

Winn Army Community Hospital

ARMY PUBLIC HEALTH NURSING

Offering

READY TO QUIT AND TOBACCO CESSATION CLASSES

(Education, Prevention, Control = Cessation)



**READY TO QUIT CLASS
LAST WEDNESDAY OF EACH MONTH
1100 (11:00 a.m.)**

**Tobacco Cessation Classes (4 Weeks)
Wednesday Afternoon**

**Location: TUTTLE ARMY HEALTH CLINIC
LIBRARY**

**For more information and to schedule appointment contact
Central appointments @ 1-800-652-9221**

Health Promotion